

UMBA Congress of Christian Education Spring Institute 2018

MAXIMIZING OUR BODY POTENTIAL

ADULT Course Schedule

TUESDAY April 17, 2018

- ❖ Finding Balance in the Midst of Competing Priorities~ Instructor: Dr. Birdie Owens
- ❖ Maintaining a Prophetic Voice in Times of Political Uncertainty ~ Instructor: Rev. Eric Miller
- ❖ Maximizing Our Body Potential: The Importance of Community ~ Instructor: Duane Yarborough
- ❖ Money Talk\$ Financial Wellness ~ Instructor: Angela Collins Lewis
- ❖ Our Body, the Sacred Place of the Holy Spirit ~ Instructor Sis. Brenda Robinson
- ❖ The Body, God's Temple: Treat It Well ~ Instructor: Dr. Wanda Wherry
- ❖ The Great Commission: Teaching with Creativity ~ Instructor: Dr. Claude Forehand
- ❖ The New Family: Godly Strategies to Manage the Modern Family~ Instructor: Dr. Ernest Jeffries
- ❖ Too Blessed to be Stressed?:Mental Health and the Faith Community ~ Instructor: Sis. Sheila Wright
- ❖ Unlock the Power of Prayer ~ Instructor: Sis. Betty Armstrong
- ❖ Pastors' Series- *Church Construction* ~ Instructor: Dr. Herb Rhedrick

WEDNESDAY April 18, 2018

- ❖ Attaining A Healthy Spiritual Body (of Christ) ~ Instructor: Min. Kelvin Carter
- ❖ Developing Your Body and Spirit for the Lord's Work ~ Instructor: Rev. Glencie Rhedrick
- ❖ Finding Balance in the Midst of Competing Priorities~ Instructor: Dr. Birdie Owens
- ❖ How to be Christian, Single and Happy? ~ Instructor: Sister Toni Miller
- ❖ Maintaining a Prophetic Voice in Times of Political Uncertainty ~ Instructor: Rev. Eric Miller
- ❖ Our Body, the Sacred Place of the Holy Spirit ~ Instructor: Sis. Brenda Robinson
- ❖ Spiritual Gifts in the Disciple Making Church ~ Instructors: Rev. Mcilwain & Rev. Lorine Hopkins
- ❖ The Body, God's Temple: Treat It Well ~ Instructor: Dr. Wanda Wherry
- ❖ The Great Commission: Teaching with Creativity ~ Instructo: Dr. Claude Forehand
- ❖ The New Family: Godly Strategies to Manage the Modern Family ~ Instructor: Dr. Ernest Jeffries
- ❖ Pastors' Series- *Clergy Health* ~ Instructor: Rev. Stephanie Henderson

THURSDAY April 19, 2018

- ❖ Developing Your Body and Spirit for the Lord's Work ~ Instructor: Rev. Glencie Rhedrick
- ❖ Finding Balance in the Midst of Competing Priorities~ Instructor: Dr. Birdie Owens
- ❖ How to be Christian, Single and Happy? ~ Instructor: Sister Toni Miller
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- ❖ Unlock the Power of Prayer ~ Instructor: Sis. Betty Armstrong
- ❖ Pastors' Series- *Clergy and their Compensation* ~ Instructor: Mr. Gilbert Peacock

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MAXIMIZING OUR BODY POTENTIAL

ADULT CLASSES

COURSES HELD ON MULTIPLE DAYS REPEAT
COURSE MATERIAL IN ORDER TO ALLOW
PARTICIPANTS TO ATTEND MORE COURSES

Attaining A Healthy Spiritual Body (of Christ)

~Wednesday

In this class, we will learn how to feed our spirit nutritional food, that strengthens our spirit, to have rule over the flesh. We will address how to have a healthy spiritual diet & Lifestyle through, regular devotion, prayer, meditation, and God's Word.
Instructor: Min. Kelvin Carter

Developing Your Body and Spirit for the Lord's Work

~Wednesday & Thursday

The purpose of this course is to explore how to develop a healthy Christian. Our course will examine the development of the Christian in preparation to do the work of the Holy Spirit.
Instructor: Rev. Glencie Rhedrick

Finding Balance in the Midst of Competing Priorities

~Tuesday & Wednesday

In Today's fast paced society, we are faced with many challenges of our faith. Between our obligations of work, ministry, participation in organizations and maintaining healthy relationships with friends and family we find ourselves struggling to maintain. These competing priorities must have balance in our lives in order to maximize our body's potential. Through the leadership of the Father, the Son and the Holy Spirit, this balance can be achieved. Instructor: Dr. Birdie Owens

How to be Christian, Single and Happy?

~Wednesday & Thursday

This class will discuss the role, responsibility and capability of the single Christian in today's sexually-suggestive and liberal society. We will compare and contrast some common practices and trends with spiritual and Biblical principles to encourage righteousness, provoke thought and empower the students.
Instructor: Sis. Toni Miller

Maintaining a Prophetic Voice in Times of Political

~Tuesday, Wednesday & Thursday

This course will take a Spiritual and Biblical perspective to Educate, Encourage and Empower the student to be a Prophetic Voice for the Kingdom of God in this 21st Century political climate. We will accurately interpret and grapple with some biblical accounts in OT and NT and compare the similarities and solutions to our current political climate to the glory of God.
Instructor: Rev. Eric Miller

Maximizing Our Body Potential: The Importance of Community

~Tuesday & Thursday

This course is designed to explore ways individual church bodies can draw from each other to support their ministries, sharing experiences and resources, collaborating in our ministries for maximum impact in our communities without having to reinvent the wheel. Secondly, individuals will be encouraged to embrace the understanding that they are part of their local church body (community) and as such play an integral role in its function and growth towards God's purposes.
Instructor: Deacon Duane Yarborough

Money Talk\$ Financial Wellness

~Tuesday & Thursday

Instructor: Angela Collins Lewis

Our Body, the Sacred Place of the Holy Spirit

~Tuesday, Wednesday & Thursday

The purpose of this course is to strengthen and explore the impact of aligning your practices with the Bible and avoid interpreting the Bible to fit your experiences. Thus, strive to develop and maintain your "Body" (physically, mentally and spiritually) as a sacred place for the "Holy Spirit". Instructor: Sister Brenda Robinson

Spiritual Gifts in the Disciple Making Church

~Wednesday & Thursday

This course is designed to engage participants in a process of discernment and use of spiritual gifts in the church. This process includes understanding that all Christians are uniquely gifted by God for service in the church and in the world; that gifts and call go together; and that when individuals are encouraged to serve in the area of their giftedness, it can contribute significantly to the growth of healthy churches and healthy, growing disciples of Christ "maximizing our body potential."
Instructors: Rev. Shavonne McIlwain & Rev. Lorine Hopkins

The Body, God's Temple: Treat It Well

~Wednesday & Thursday

Instructor: Dr. Wanda Wherry

The Great Commission: Teaching with Creativity

~Tuesday & Wednesday

Has your teaching become dry? (be honest). Has it been making any impact for your students? Could your lesson planning, development and presentation use a fresh approach? If the answer to these questions is "yes" then you are destined to attend this course, as it will examine current and offer creative methodologies in teaching for practical application. Instructor: Rev. Dr. Claude Forehand

The New Family: Godly Strategies to Manage the Modern Family Dynamic

~Tuesday, Wednesday & Thursday

Over the recent years we have seen a serious shift in the Black Family dynamic. There are more single mothers, more grand-parents serving as primary care givers, more blended families, and more young mothers are having to navigate growing up while raising children. These situations many times breed conflict. This class will identify the issues in the modern family that create conflict and give strategies as to how to navigate those areas of conflict in a Godly way.
Instructor: Rev. Dr. Ernest E. Jeffries

Too Blessed to be Stressed? Mental Health and The Faith Community ~Tuesday & Thursday

Stress, anxiety, depression... Mental health has become a huge health care priority in our communities, in our country and our churches. Overcoming stigma, having an understanding of mental illness and being able to refer to the appropriate resource if a person is having a mental health crisis is essential in today's time. This course will address these issues from a biblical perspective while providing practical tools to address the issues impacting the Faith Community.
Instructor: Sis. Sheila Wright

Unlock the Power of Prayer

~Tuesday & Thursday

Instructor: Sis. Betty Armstrong

PASTORS' SERIES

~TUESDAY- CHURCH CONSTRUCTION

As a pastor you are viewed as the leader of your congregation but what is your role and responsibilities when it comes to a major building or renovation project? This course will tackle three key areas: 1. Your anointing for the project. 2. Your appointment for the project. 3. Your assignments for the project. You will learn: How to decide what you should do and what you shouldn't. How to determine who should be on your team. How to determine if you, your leaders and congregation are ready for such an endeavor.
Instructor: Rev. Dr. Herb Rhedrick

~WEDNESDAY- CLERGY HEALTH

This session will address the need for clergy to maintain a balanced life...Mind, Body and Spirit, how to recognize Compassion Fatigue and adhere to the Biblical Mandate for rest.
Instructor: Rev. Stephanie Henderson

~THURSDAY- CLERGY & COMPENSATION

Pastors, too, can feel as though they are living paycheck to paycheck and are getting paid "weakly." Pastors, too, can go on to glory leaving their family with regrets and in debt. This class will help Pastors to plan and protect their income and savings; as well suggest how Pastors can have the adequate life insurance to leave their loved ones and church with more not less."