

# HELPING HANDS MINISTRIES

## MISSION TRIP

# RULES & REGULATIONS

*NOTE: It is important that you read each item below and agree to each one in order to be part of the mission team. If you agree to abide by these rules please sign the appropriate place on the registration form, have your pastor sign, and return to us as quickly as possible.*

1. Acquire a U.S. passport and tourist VISA if needed.
2. Make two copies of your passport, visa and driver's license and send a copy to HELPING HANDS MINISTRIES. *(This is for your protection in case the originals get stolen or lost.)*
3. Take enough money to be self-sufficient while in the field.
4. Wear modest and functional clothing. Do not offend the local people.
5. Pack two suitcases: one for your needs and one for the missionaries' needs. *(You will receive a list of missionary needs.)*
6. Do not change money at the airport or local bank, the missionary will exchange the money for you.
7. Do not eat or drink anything after entering the foreign country without approval of the Mission Director.
8. At the first sign of any sickness (diarrhea or intestinal disorders), you must agree to receive medical treatment.
9. Husband and wives, do not expect to always share the same quarters.

*Note: Mission facilities are not always like hotels or motels. Husbands might be required to stay in one facility and the wives in another. Be flexible and agreeable. This is a must!*

10. The missionary will study the mission team talents and place each member where the greatest needs are. You must be willing to work as a team member where you are assigned. The mission field is no place for "lone rangers".
11. You must be willing to attend all meetings and be on time for each one.
12. Each individual will be expected to be governed by whatever rules and regulations the local missionary deems necessary to maintain an efficient and orderly flow of ministry to the local people.

*Many times conduct, dress or other actions that are acceptable standards in our society and culture can be devastating conduct in an alien culture. This could result in an undoing, in a moment, of many months of work spent gaining the Nationals' trust and acceptance to our ministry. **THINK BEFORE YOU ACT** in any situation and be willing to seek counsel and advice from the Missions Director. Remember--we are the foreigners and it is their country. Do not cause your brother or sister to stumble or be offended.*

13. No alcoholic beverages or use of tobacco will be allowed.
14. ORGANIZE A LOCAL TEAM OF PRAYER WARRIORS who will pray for you around the clock while you are gone. This is a must!! Satan will try to attack you even while you are planning to go. Most foreign countries, especially Third World countries, are ruled and owned by Satan. You must bind Satan away from you if you are to be successful while on the mission trip. Pray that your life will be changed and that the Holy Spirit will clearly reveal His will for your life.
15. You will be required to attend a weekend Orientation Retreat. The dates of the weekend will be given to you. If you find that you cannot attend the Orientation weekend, we recommend that you consider a mission trip that would allow you to attend this weekend.

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Helping Hands for a  
Hurting World!